

Pulaski County Resources

<https://resourceroundup.com/>

Indiana 211: <https://in211.findhelp.com>

More information on resources in Winamac:

<https://www.pulaskicountytribe.com/>

More information on resources in Francesville:

<https://www.francesville.net/>



SNAP website: [Sign Up for SNAP \(formerly known as Food Stamps\) • mRelief](#)

Star City UMC Food Pantry- Open on the 3rd Saturday of each month from 10 am-11 am EST. Contact information is in is posted on the church door. 2324 East Main Street, Star City Indiana 46985
Email: Food@StarCityUMC.com Open to Pulaski Co. residents only.

Neighbor to Neighbor Food Pantry- Open Mondays only 9am-1pm EST. Recipients are asked to bring a box, laundry basket, or bags to place their food items in. Available to residents of Pulaski County.

Questions:

Phone: 574-946-7631

Email debw@winnaz.org

Bread

Bread for the World is a Christian advocacy organization urging U.S. decision-makers to do all they can to pursue a world without hunger. Our mission is to educate and equip people to advocate for policies and programs that can help end hunger in the U.S. and around the world.

Website: Bread.org

Point of Contact: Grace Kozak, State Organizer for Indiana

Phone: 517-243-9690

Email: gkozak@bread.org

PCHS Food Pantry: 115 W Pearl St Winamac 574-946-6500

Weekdays: 9:30-11:30 am other hours by appointment

Health Care – Insurance

The ASPIN Health Navigator Project is supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$1,848,147.67 with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. government.

Stacey Marcelo Gonzalez

550 Congressional Blvd. | Suite 120 | Carmel, IN 46032

Work Cell: 463-246-0384

Toll-Free Call Center: 1-877-313-7215

www.aspin.org | Health Navigator

This document contains information and resources as they relate to:

- Food
- Mental Health
- Education
- Transportation
- Domestic Violence
- Programming
- Internet
- Employment
- Substance Use

Free Wi-Fi

- Pulaski County Public Library (Winamac)
- Medaryville at the West Side Center
- Winamac Town Park
- Good Oil in Winamac
- Francesville-Salem Township Public Library
- Family Express (Winamac)



Pulaski County Human Services



Pulaski County Human Services, Inc. (PCHS), a non-profit service provider, works to create new opportunities for, and to provide assistance to the community. Services such as public transit, senior activity, meal sites, community services-energy assistance, support services information, and assistance.

Below is a QR CODE to scan with all the services Pulaski County Human Services Provides from the organizations Executive Director Jacki Frain.

For more information, not provided in the document, career/volunteer opportunities, and all other inquires. Call: 574-946-6500 or 1-877-946-4211 or Email: pulaskipchs@embarqmail.com.



Scan me!

Domestic Violence and Sexual Assault

North Central Indiana Rural Crisis Center:

The mission of the Crisis Center is to help end Domestic Violence & Sexual Assault in Jasper, Newton and Pulaski counties by providing emergency temporary shelter and services to victims and children of domestic violence and/or sexual assault through education, advocacy, and community intervention.

Services Provided: Shelter, support, and advocacy for people experiencing Domestic Violence or Sexual Assault.

Eligibility Requirements: Residence of Jasper, Newton, and Pulaski Counties-non-residence are referred to other counties. We do not discriminate based on race, gender, religion, age, or ability.

Office Hours: Open 24 hours a day, 7 days a week.

In office Monday – Friday 8:00 am – 4:00 pm

Crisis Center 219-866-8825

Business Line 219-866-8281

Toll-free 1-800-933-0374

Txt: 1-877-310-1996

Services for the Family

Head Start: Free preschool (ages 3 -5 years old) for income-eligible families, foster children, and/or the homeless. Information Call Winamac: 574-946-4211 West Central: 219-204-0736

Medaryville Nursery School: 1842 US 421 Francesville IN 47946 Phone: 219-335-2063

Brightpoint: Helps families locate quality child care and early learning programs. This referral service is free and there are no eligibility criteria. Families may call or text 765-742-7105 or call toll-free 800-932-3302 Monday-Friday 8 am-5 pm EST. Childcare vouchers are available for qualifying families. Pulaski County residents can contact Brightpoint with questions about eligibility and applying for child care vouchers. The online application can be found at Indiana Early Ed Connect (<https://earlyedconnect.fssa.in.gov/onlineApp/home>). Applicants living in the home with an eligible child must have a service need which could include participation in one or more

of the following: employment, education, and training activities.

Geminus: Location: 2804 Boilermaker Ct. Suite A Valparaiso, IN 46383. Phone: 219-575-7143 or 24-hour Hotline: 1-888-357-4264. Geminus Community Partners: A free, home-based, prevention program that helps families in the community with children stay together when they are facing stressful challenges. If you are facing a job loss, child or teen behavior problems, domestic violence, addictions, financial hardship, housing insecurity, or other problems putting your family at risk, please contact Community Partners today.

Healthy Families: Serves Prenatal moms and families with newborn babies. If you would like to refer yourself, a friend, or a family member, call 219-956-2693 or visit familyfocusinc.net and complete the form on the *Healthy Families* page under *Programs> Prevention Programs for Families*.

DCS: Location: 222 N Sally Drive, Winamac, IN 46996 Phone: +1 574-946-3312 Michelle Stowers.

Pulaski Circuit Court/Family Treatment Court: Located at 110 E Meridian #225 Winamac, In 46996 Contact Coordinator (Currently Jen Shafer) Phone: 1-219-204-8744 Email:programs@pulaskicounty.in.gov. Applications available from Ms. Shafer, Circuit Court Office, DCS, and Probation

The Childcare Resource Network: Working with childcare and in early childhood issues in and around Pulaski County. 765.742.7105. Their main office is in Lafayette, but their staff is sprinkled throughout the area they serve. 31N 7th St. Suite B. Lafayette, IN 47901. thechildcareresourcenetwork.org

Pulaski County Extension

125 S Riverside Drive #120, Winamac, IN 46996 574-946-3412

Indiana Child Abuse and Neglect Hotline

1-800-800-5556

Dunebrook: The Child Advocacy Center offers child abuse investigators a child-friendly setting for interviewing alleged victims of child abuse. <https://dunebrook.org/>

Mental Wellness

Mental Health Screening: Take a mental health screening through Mental Health America-North Central Indiana. <https://screening.mhanational.org/screening-tools>

4C Health: Free, anonymous, crisis counseling: Txt "IN" to 741-741 for 24/7. Or call: 1-800-552-3106
Located at 613 Terrace Drive, Winamac, IN 46996.
Phone: -574-946-4233

For individuals struggling with intravenous substance use or pregnant females (or suspected pregnancy) struggling with substance use, 4C offers IMMEDIATE ACCESS. Please call us at (800) 552-3106 or walk in during business hours. Tuesday and Wednesday 8 am-5 pm EST.

Michiana Behavioral Health is an acute inpatient facility specializing in the treatment of mental health for children, adolescents, and adults. Including inpatient treatment for adults with chemical dependency. If you or someone you know is struggling, we are only a phone call away. Our facility is open 24/7 365 days and is accepting new patients starting at 6 years old. Please call 1-800-795-6252 to speak with one of our intake professionals to start the process. If you have detoxed and are looking to continue your recovery, you can contact our facility at 1-800-795-6252 and ask for Athena in IOP. If you should have any further questions, please call us at 574-936-3784 or 1-800-795-6252. Or our website at www.michianabehavioralhealth.com

Pulaski Memorial Hospital Medical and Surgical Group - Integrated Behavioral Health Services: Integrated Behavioral Health treatment is a holistic approach in which the Medical Provider and Behavioral Health Therapist coordinate services for patients identified with behavioral or mental health needs. The Medical Provider and Behavioral Health Therapist engage in communicating and collaborating to establish a plan to address the patient's physiological and psychological needs to improve the patient's overall well-being. Behavioral Health Therapists treat children, adolescents, families, adults, and couples. If you are interested in receiving services, please see your Pulaski Memorial Medical Provider and ask about a referral. Behavioral Health office hours are Monday –Friday 8 am to 4:30 pm in Winamac, North Judson, and Culver.

Bowen Center: Bowen Center serves Hoosiers with emotional health care, primary health care, addiction recovery services, and life skills training. Helping children and adults in the classroom, in the home, and in the community learn independent living skills, emotion regulation, problem-solving skills, and more, ensure they have the skills they need to be successful and live their best life. For more information visit BowenCenter.org or call: 800-342-5563 ext 3937

Substance Use Recovery

Drug-Free Pulaski County information:
<http://www.drugfreepulaski.org/wp-content/uploads/2019/10/2019-Tri-fold-for-drug-free-council.pdf>

New Beginning's Recovery Class: 760 US-35, Winamac, IN 46996 Phone: 574-249-8134 or 574-806-1155. Join Us: Every 2nd and 4th Monday from 7-8 pm EST.

AA Meetings: A.A. has meetings at the Methodist church on Monday and Friday evenings at 7:30 pm. Al-Anon also meets on Monday evenings. N.A. meets on Friday evenings at 7:30. Women's A.A. meets on Saturday nights at 6:30. 210 East Spring Street Winamac Indiana 46996 Phone: 574-946-4971

Celebrate Recovery: of Rochester would welcome people from Pulaski Co. "Join us every Sunday evening at 6 pm for Celebrate Recovery at The Cross 100 West 3rd Street Rochester IN 46975 Phone: 574-223-3107

Recovery Café Fulton County: A safe haven for anyone in recovery. We're all in recovery from something. We are a community willing to be friends, cheerleaders, and counsel to anyone who needs us. Open: Wednesday, Thursday, and Friday Nights 4-8 pm. 715 Main Street Rochester IN 46975 Phone: 574-223-2233

Adult and Teen Challenge: 574-226-0789
help@adultandteenchallenge.com
1111 West Bristol Street Elkhart, IN 46514

Pulaski County Navigator: Navigator whose role is to help anyone in the community find the recourses, help, and support they need. Call, email or text Katie Surma. Phone: 574-205-9522 or Email: navigator@pulaskicounty.in.gov

Indiana 211: Dial 211 or Txt your zip code Visit Indiana211.org

Pulaski County Public Library

The Pulaski County Public Library provides a wide range of services to members of the community, including print and digital resources, public computers, Wi-Fi, printing, copying, faxing, notary services, meeting rooms, special events, and more

The library hosts fun and educational programs for all ages, from toddlers to seniors.

In addition to checking out things like books, magazines, and DVDs, resident library card holders can access a huge collection of digital materials, including e-books and audiobooks on OverDrive and the Libby app, streaming movies on Kanopy, video storybooks on BookFlix, and all types of content on Hoopla.

To get a library card or to learn more about library services, stop in at the library or visit our website at www.pulaskicounty.lib.in.us.

Library Hours

In-person browsing:

10:00am–6:00pm EST. Monday–Friday

9:00am–1:00pm EST Saturday

Curbside pickup:

9:00am–6:00pm EST Monday–Friday

Contact Us

121 S. Riverside Dr. Winamac, Indiana 46996 Phone: 574-946-3432

Email: info@pulaskicounty.lib.in.us

Senior Care Center

We welcome the opportunity to help them process the challenges life has thrust upon them and to learn constructive skills that they can utilize for the rest of their life. Every Tuesday from June 6 thru October, (Weather permitting, NOT on holiday July 4th) from 11am-12pm walk in the park. FREE, open to the community, no age limits, pets are welcome. Starts at the main shelter (the ones with the bathrooms)

PULASKI MEMORIAL SENIOR CARE

525 E. 13th St. Winamac

Phone: 574-946-0386

Fax: 574-946-0388

Hoosier Explorers

The staff of the Senior Care program of Pulaski Memorial Hospital and the Pulaski County Public Library are excited to be working together to offer a new opportunity for adults in Pulaski County to engage in activities and games that will stimulate creative thinking, increase awareness of unique people in the community and in general broaden one's horizons.

We will be meeting in the Activity room of the Pulaski County Library on the *second Tuesday* of each month at 1:00 PM.

Snacks and beverages will be available.

Following are upcoming dates. Topics and speakers will be forthcoming.

All meeting dates at 1:00 PM

January 9, 2024

February 13, 2024

March 12, 2024

April 9, 2024

May 14, 2024

June 11, 2024

July 9, 2024

August 13, 2024

September 10, 2024

October 8, 2024

November 12, 2024

December 10, 2024

Feel free to contact Pulaski County Human Services for transportation.

574-946-6500

For more information call 574-946-0386 or email

seniorcare@pmhnet.com

Employment Opportunities

Work One: can provide guidance on unemployment benefits, resumes, job applications and trainings.

- **Winamac Office:** Call: 574-946-6300 Txt: 574-330-0545. Office Hours: Tuesday and Wednesday 8-4:30 pm est. Location: 118 N Sally Drive Winamac IN 46996
- **Knox:** Phone: 574-772-6882 Location: 1913 S Heaton St Suite B, Knox, IN 46534. Office Hours: Monday 9:30-6:00 pm Tuesday, Wednesday, and Friday 8-4:30 pm Thursday 10:00-4:30 pm ** Closed every day 12-1 for Lunch**
- **Rensselaer:** Location: 105 East Drexel Parkway Suite 1 Rensselaer Indiana 47978 Call: 219-866-4330 Txt: 574-444-2664 Office Hours: Monday 9:30-6:00 pm Tuesday, Wednesday, and Friday 8-4:30 pm Thursday 10:00-4:30 pm ** Closed every day 12-1 for Lunch**

PEAK Community Services: helps men and women with developmental disabilities discover their interests and skills. Direct support professionals provide support and coaching in each job environment. Located at 1104 South US 35 Winamac IN 46996. Hours are Monday- Friday 7:45 am-5 pm EST. Contact at 574-946-6188 or visit <https://peakcommunity.com/>

Education

Pulaski Adult Learning Center: Location: 118 N. Sally Drive, Winamac, Phone number: (219) 248-7690 Email: pulaskialc@cwicorp.com High School Equivalency Diploma Prep, Certifications, and Training for ages 16+

The Rose-Hulman Institute of Technology: provides the free AskRose Homework Help program for students who need extra math and science homework help. Tutors are available Sunday through Thursday from 7-10 p.m. for tutoring sessions by video, telephone, email or chat. Tutors can be reached during operating hours via the AskRose website or by calling 877-ASK-ROSE (877-275-7673).

The website also provides more than 500 instructional videos and downloadable reference materials

Winamac Warrior Up: Free for kids, Monday-Friday from 3:30-5:30 and Wednesdays from 2:30-5:30. The school provides transportation to the church. Parents can pick up their child at any time. We serve the kids a snack when they get off the bus. Then we break out into groups for tutoring. We then offer STEM activities, life skills, crafts, exercise or games. Fridays are Fun Fridays and we have either fun activities, movies w/popcorn or we have speakers come in to talk to the kids. Phone: is 574-946-4971 Email: winamacwarriorup@gmail.com

Veteran's Services

BrightPoint: If you are a Veteran or know of a Veteran who is facing homelessness or is currently homeless then Brightpoint's SSVF (Supportive Services for Veteran Families) may be able to help. For more information on SSVF please call (260)-423-3546, go to Extension #332 (message phone only), and leave your contact information with a working phone number, and a brief description of your situation. Calls will be returned within 48 hours (excluding Holidays and weekends). If you have a more urgent situation and you have an email you can also contact the Program Manager, John Robb at: johnrobb@mybrightpoint.org OR Asst. Manager: Melissa McClure at melissamcclure@mybrightpoint.org

Veterans Treatment Court (PCVTC)

Niki Zahrt, PVCTC Coordinator
Pulaski County Superior Court
110 East Meridian Street
Winamac, Indiana 46996
Phone: 574.946.3371



American Legion Department of Indiana

Accredited Indiana Legion service officers are specially trained to provide expert assistance, free of charge, to veterans and their families. Receive assistance filing a claim, get referrals and resources on education, employment and business, death benefits and more. <https://www.indianalegion.org>

The County Veterans Service Officer (CVSO): has a compassionate understanding of the problems that confront veterans, widows, widowers, and children. The CVSO will apply specialized knowledge in the best way suited to the needs of every individual veteran or beneficiary who comes to the office for assistance.

Pulaski County Office Building, Room 210
125 South Riverside Drive

William Walker, Veterans Service Officer
574.946.3571 (Office)
574.230.8396 (Facsimile)
Office hours: Tues. — Thurs., 8:00a.m.-3:00 p.m. ET;
Fridays by appointment only.

Sergeant's Place Kokomo Indiana

Dedicated to Homeless Individuals with prior substance abuse history, Sargent Place creates 35 new permanent supportive housing units in the city of Kokomo. 1,2, and 3 bedroom units are available with social workers on site to provide supportive service to residents.

713 North Purdum St Kokomo IN 46901
765-459-7409

Health and Wellness

Pulaski County Health Department: Providing FREE Narcan (Medication designed to prevent opioid overdose), Pregnancy testing, Lead testing for children older than 6, STD Testing, Immunization recommended by the Advisory Committee to eligible patients, TB skin testing, Private well water test kits, Birth and Death records. Located 125 S. Riverside Drive Winamac IN 46996 Phone: 574-946-6080 or visit www.in.gov/localhealth/pulaskicounty

Pulaski County Memorial Hospital: Pulaski Memorial Hospital is dedicated to providing excellent healthcare to improve the health and quality of life of the people and communities we serve. Located at 616 East 13th Street Winamac IN 46996. Phone: 574-946-2100.

Community Wellness Center of Winamac: 120 West 15th Street Winamac IN 46996. Open 24/7 Contact for Staff Hours and details, Phone: 574-946-4150 or Email: mikeb.cwcinamac@gmail.com

Visit the site at: winamacwellness.com

Intrepid Phoenix: Helping individuals in recovery through fitness. Contact Katie Surma for more information: 574-205-9522 or intrepidphoenixkatie@gmail.com

Healthy Communities of LaPorte County
HCLC promotes the health and well-being of NWI residents through collaboration, education, advocacy, and policy development. <https://healthycommunitieslpc.org/>

