

Pulaski County Resources

<https://resourceroundup.com/>

Indiana 211: <https://in211.findhelp.com> or

https://www.in.gov/health/overdose-prevention/resources-for-the-public/#Bereavement_Resources

More information on resources in Winamac:

<https://www.pulaskicountytribe.com/>

More information on resources in Francesville: <https://www.francesville.net/>

Housing : <https://www.in.gov/hcda/homebuyers/programs/>

SNAP website: [Sign Up for SNAP \(formerly known as Food Stamps\)](#) • [mRelief](#)

FOOD

Star City UMC Food Pantry- Open on the 3rd Saturday of each month from 10 am-11 am EST. Contact information is in is posted on the church door. 2324 East Main Street, Star City Indiana 46985
Email: Food@StarCityUMC.com Open to Pulaski Co. residents only.

Neighbor to Neighbor Food Pantry- Open Mondays only 9am-1pm EST. Recipients are asked to bring a box, laundry basket, or bags to place their food items in. Available to residents of Pulaski County. Questions:

Phone: 574-946-7637

Email debw@winnaz.org

Bread

Bread for the World is a Christian advocacy organization urging U.S. decision-makers to do all they can to pursue a world without hunger. Our mission is to educate and equip people to advocate for policies and programs that can help end hunger in the U.S. and around the world.

Website: Bread.org

Point of Contact: Grace Kozak, State Organizer for Indiana

Phone: 517-243-9690

Email: gkozak@bread.org

PCHS Food Pantry: 115 W Pearl St Winamac 574-946-6500

Weekdays: 9:30-11:30 am other hours by appointment

Indiana Dept. Of Education for summer food assistance.:

<https://www.in.gov/doe/about/news/state-of-indiana-launches-sun-bucks/>

Pulaski Plates: Pulaski Plates is a community resource that provides meals to families in our community. Pulaski Plates is funded by the Juvenile Detention Alternative Initiative (JDAI). Pulaski Plates will be distributed through Pulaski School Systems and local organizations. As organizations are determined, the Facebook page will be updated. Please watch for pop-up locations and times. Just to remind you, this is a weekly distribution while supplies last. Contact: Jen Shafer; JDAI Coordinator: 219-204-8744 Direct Cell

Health Care – Insurance

The ASPIN Health Navigator Project is supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$1,848,147.67 with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. government.

Stacey Marcelo Gonzalez

550 Congressional Blvd. | Suite 120 | Carmel, IN 46032

Work Cell: 463-246-0384

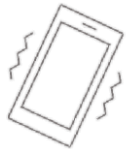
Toll-Free Call Center: 1-877-313-7215 www.aspin.org | Health Navigator

This document contains information and resources as they relate to:

- Food
- Mental Health
- Education
- Transportation
- Domestic Violence
- Programming
- Internet
- Employment
- Substance Use

Free Wi-Fi

- Pulaski County Public Library (Winamac)
- Medaryville at the West Side Center
- Winamac Town Park
- Good Oil in Winamac
- Francesville-Salem Township Public Library
- Family Express (Winamac)



Pulaski County Human Services



Pulaski County Human Services, Inc. (PCHS), a non-profit service provider, works to create new opportunities for, and to provide assistance to the community. Services such as public transit, senior activity, meal sites, community services-energy assistance, support services information, and assistance.

Below is a QR CODE to scan with all the services Pulaski County Human Services Provides from the organizations Executive Director Jacki Frain.

For more information, not provided in the document, career/volunteer opportunities, and all other inquires. Call:

574-946-6500 or 1-877-946-4211 or

Email: pulaskipchs@embarqmail.com.



Scan me!

Domestic Violence and Sexual Assault

North Central Indiana Rural Crisis Center:

The mission of the Crisis Center is to help end Domestic Violence & Sexual Assault in Jasper, Newton and Pulaski counties by providing emergency temporary shelter and services to victims and children of domestic violence and/or sexual assault through education, advocacy, and community intervention.

Services Provided: Shelter, support, and advocacy for people experiencing Domestic Violence or Sexual Assault.

Eligibility Requirements: Residence of Jasper, Newton, and Pulaski Counties-non-residence are referred to other counties. We do not discriminate based on race, gender, religion, age, or ability.

Office Hours: Open 24 hours a day, 7 days a week. In office Monday – Friday 8:00 am – 4:00 pm Crisis Center 219-866-8825

Business Line 219-866-8281

Toll-free 1-800-933-0374

Txt: 1-877-310-1996

Services for the Family

Head Start: Free preschool (ages 3 -5 years old) for income-eligible families, foster children, and/or the homeless. Information Call Winamac: 574-946-4211

Medaryville Nursery School: 1842 US 421 Francesville IN 47946 Phone: 219-335-2063

Brightpoint: Helps families locate quality child care and early learning programs. This referral service is free and there are no eligibility criteria. Families may call or text 765-742-7105 or call toll-free 800-932-3302 Monday-Friday 8 am-5 pm EST. Childcare vouchers are available for qualifying families. Pulaski County residents can contact Brightpoint with questions about eligibility and applying for child care vouchers. The online application can be found at Indiana Early Ed Connect (<https://earlyedconnect.fssa.in.gov/onlineApp/home>). Applicants living in the home with an eligible child must have a service need which could include participation in one or more of the following: employment, education, and training activities.

Geminus: Location: 2804 Boilermaker Ct. Suite A Valparaiso, IN 46383. Phone: 219-575-7143 or 24-hour Hotline: 1-888-357- 4264. Geminus Community Partners: A free, home-based, prevention program that helps families in the community with children stay together when they are facing stressful challenges. If you are facing a job loss, child or teen behavior problems, domestic violence, addictions, financial hardship, housing insecurity, or other problems putting your family at risk, please contact Community Partners today.

Healthy Families: Serves Prenatal moms and families with newborn babies. If you would like to refer yourself, a friend, or a family member, call 219-956- 2693 or visit familyfocusinc.net and complete the form on the *Healthy Families* page under *Programs> Prevention Programs for Families*.

DCS: Location: 222 N Sally Drive, Winamac, IN 46996 Phone: +1 574-946-3312 Michelle Stowers.

"Sleep in Heavenly Peace" and it provides free beds to kids in need ages 3-17 years. If you know of any families who would benefit from this, please direct them to the website below to apply: [Apply for a Free Twin Bed - Sleep in Heavenly Peace\(shpbbeds.org\)](http://Apply for a Free Twin Bed - Sleep in Heavenly Peace(shpbbeds.org))

Pulaski Circuit Court/Family Treatment Court: Located at 110 E Meridian #225 Winamac, IN 46996 Contact Coordinator (Currently Jen Shafer) Phone: 1-219-204- 8744 Email:programs@pulaskicounty.in.gov. Applications available from Ms. Shafer, Circuit Court Office, DCS, and Probation

The Childcare Resource Network: Working with childcare and in early childhood issues in and around Pulaski County. 765.742.7105. Their main

office is in Lafayette, but their staff is sprinkled throughout the area they serve. 31N 7th St. Suite B. Lafayette, IN 47901. thechildcareresourcenetwork.org

Pulaski County Extension

125 S Riverside Drive #120, Winamac, IN 46996
574-946-3412

Indiana Child Abuse and Neglect Hotline 1-800-800-5556

Dunebrook: The Child Advocacy Center offers child abuse investigators a child-friendly setting for interviewing alleged victims of child abuse. <https://dunebrook.org/>

Fussy Baby Network: Helping Per and Post-natal mothers: <https://www.erikson.edu/fussy-baby-network/>



Pulaski County Health Department

125 S Riverside Drive
Winamac, IN 46996
(574)946-6080

Pulaski County Health Department

125 South Riverside Drive Suite 205
Winamac, IN 46996
574-946-6080
<https://www.facebook.com/pulaskicoindealth>

Public Health-Food Inspections & Permits, Vaccinations
Environmental Health-Septic Inspections
Vital Records-Birth & Death Certificates
Health Education- Public Health and School Liaison

Goodwill.

We have a program called Nurse-Family Partnership. NFP is a free personal nurse program serving first-time clients enrolled prior to 29 weeks of pregnancy and until their baby is 2 years old. Clients are paired with their **own free nurse**. Clients are visited in their home or location of their choice. NFP Nurses support healthy pregnancy and healthy babies through education, resources, and support. Nurse-Family Partnership is a home visiting model shaped by attachment theory, human ecology theory, and social-cognitive or self-efficacy theory. The model is client-centered, and client-identified goals drive it.

Connection to Service Providers

Pulaski County Navigator: Navigator whose role is to help anyone in the community find the recourses, help, and support they need. Call, email or text Katie Surma. Located at 110 East Meridian Street Winamac IN 46996 Phone: 574-205-9522 or Email: navigator@pulaskicounty.in.gov

Pulaski County Memorial Hospital Community Health Worker: A frontline public health worker who is a trusted member of the community and/or has an unusually close understanding of the community served. This trusting relationship enables the CHW to serve as a link between health and social services and the community to facilitate access to services and improve the quality and cultural competence of service delivery. Located at 540 Hospital Drive, Winamac IN 46996 Contact : 574.242.9853 or www.pmhnet.com

Mental Wellness

Mental Health Screening: Take a mental health screening through Mental Health America-North Central Indiana. <https://screening.mhanational.org/screening-tools>

4C Health: Free, anonymous, crisis counseling: Txt "IN" to 741-741 for 24/7. Or call: 1-800-552-3106
Located at 613 Terrace Drive, Winamac, IN 46996.
Phone: -574-946-4233
<https://www.4chealthin.org/>

For individuals struggling with intravenous substance use or pregnant females (or suspected pregnancy) struggling with substance use, 4C offers IMMEDIATE ACCESS. Please call us at (800) 552-3106 or walk in during business hours. Tuesday and Wednesday 8 am-5 pm EST.

Site Availability (Any day the clinic is open)

Individual can arrive between 10a-12p on site for intake.

- Plan to be on site approximately 1-2 hours.
- Rochester M-Th
- Logansport M-Th
- Kokomo M-Th
- Winamac T-W
- Tipton W-Th
- Please have ID and insurance card
- Parent/guardian must be present with individual under the age of 18 years' old

Michiana Behavioral Health is an acute inpatient facility specializing in the treatment of mental health for children, adolescents, and adults. Including inpatient treatment for adults with chemical dependency. If you or someone you know is struggling, we are only a phone call away. Our facility is open 24/7 365 days and is accepting new patients starting at 6 years old. Please call 1-800-795-6252 to speak with one of our intake professionals to start the process.

If you have detoxed and are looking to continue your recovery, you can contact our facility at 1-800-795-6252 and ask for Athena in IOP.

If you should have any further questions, please call us at 574-936-3784 or 1-800-795-6252. Or our website at www.michianabehavioralhealth.com

Pulaski Memorial Hospital Medical and Surgical Group

- Integrated Behavioral Health Services: Integrated Behavioral Health treatment is a holistic approach in which the Medical Provider and Behavioral Health Therapist coordinate services for patients identified with behavioral or mental health needs. The Medical Provider and Behavioral Health Therapist engage in communicating and collaborating to establish a plan to address the patient's physiological and psychological needs to improve the patient's overall well-being.

Behavioral Health Therapists treat children, adolescents, families, adults, and couples. If you are interested in receiving services, please see your Pulaski Memorial Medical Provider and ask about a referral. Behavioral Health office hours are Monday-Friday 8 am to 4:30 pm in Winamac, North Judson, and Culver. Visit our site: www.pmhnet.com

Or Contact info@pmhnet.com for more information.

Bowen Center: Bowen Center serves Hoosiers with emotional health care, primary health care, addiction recovery services, and life skills training. Helping children and adults in the classroom, in the home, and in the community learn independent living skills, emotion regulation,

problem-solving skills, and more, ensure they have the skills they need to be successful and live their best life. For more information visit BowenCenter.org or call: 800-342-5563 ext 3937

Substance Use Recovery

Drug-Free Pulaski County information:

<http://www.drugfreepulaski.org/wp-content/uploads/2019/10/2019-Tri-fold-for-drug-free-council.pdf>

New Beginning's Recovery Class: 760 US-35, Winamac, IN 46996
Phone: 574-249-8134 or 574-806-1155. Join Us:
Every 2nd and 4th Monday from 7-8 pm EST.

AA Meetings: A.A. has meetings at the Methodist church on Monday and Friday evenings at 7:30 pm. Al-Anon also meets on Monday evenings. N.A. meets on Friday evenings at 7:30. Women's A.A. meets on Saturday nights at 6:30. 210 East Spring Street Winamac Indiana 46996 Phone: 574-946-4971

NAR-ANON: A Worldwide fellowship for those affected by someone else's addiction. A 12 step program that offers help by sharing our experience, strength and hope. Meetings are Thursday at 6pm at the Winamac United Methodist Church. Address: 201 East Spring Street Winamac IN 46996.

Recovery Café Pulaski County: A safe haven for anyone in recovery. We're all in recovery from something. We are a community willing to be friends, cheerleaders, and counsel to anyone who needs us. Circle Meetings: Open: Friday Nights 5-6 pm. 127 East Pearl Street IN 46996

Parents of Addicted Loved Ones: PAL provides hope, through education and support, to parents of addicted loved ones. <https://palgroup.org/>

Meetings are at the Pulaski County Recovery Café Thursday 6-7:30pm est located at 127 East Pearl Street.

Contact Cathy at catnue@gmail.com or 219.204.9825

Heart of Hope: Narcotics Anonymous. Saturday at 5pm at 106 West 3rd Street Rochester IN 46975

Celebrate Recovery: of Rochester would welcome people from Pulaski Co. "Join us every Sunday evening at 6 pm for Celebrate Recovery at The Cross 100 West 3rd Street Rochester IN 46975 Phone: 574-223-3107

Recovery Café Fulton County: A safe haven for anyone in recovery. We're all in recovery from something. We are a community willing to be friends, cheerleaders, and counsel to anyone who needs us. Open: Wednesday, Thursday, and Friday Nights 4-8 pm. 715 Main Street Rochester IN 46975 Phone: 574-223-2233

Adult and Teen Challenge: 574-226-0789
help@adultandteenchallenge.com
1111 West Bristol Street Elkhart, IN 46514

N/A Medaryville: Located at 409 East Main St Medaryville IN 47957 Meetings are held on Thursday night from 6-7:30pm est for more information contact Billy at 219.204.8324 or Nakita at 219.204.2500.

Indiana 211: Dial 211 or Txt your zip code Visit Indiana211.org

NextLevel Recovery: [Outreach Materials \(in.gov\)](http://OutreachMaterials.in.gov)

NextLevel Recovery: [Home \(in.gov\)](http://Home.in.gov)

Pulaski County Public Library

The Pulaski County Public Library provides a wide range of services to members of the community, including print and digital resources, public computers, Wi-Fi, printing, copying, faxing, notary services, meeting rooms, special events, and more. The library hosts fun and educational programs for all ages, from toddlers to seniors.

In addition to checking out things like books, magazines, and DVDs, resident library card holders can access a huge collection of digital materials, including e-books and audiobooks on OverDrive and the Libby app, streaming movies on Kanopy, video storybooks on BookFlix, and all types of content on Hoopla.

To get a library card or to learn more about library services, stop in at the library or visit our website at www.pulaskicounty.lib.in.us.

Library Hours

In-person browsing:

10:00am–6:00pm EST. Monday–Friday

9:00am–1:00pm EST Saturday

Curbside pickup:

9:00am–6:00pm EST Monday–Friday [Contact Us](#)

[Us](#)

121 S. Riverside Dr. Winamac, Indiana 46996 Phone: 574-946-3432

Email: info@pulaskicounty.lib.in.us

Senior Care Center

To assist seniors and their families, we have compiled a guide that offers insights into comprehending memory care and its advantages, selecting the right community, understanding the associated expenses, and exploring payment options. You can view it here: <https://www.caring.com/senior-living/memory-care-facilities/>.

Feel free to contact Pulaski County Human Services for transportation.

574-946-6500

For more information call 574-946-0386 or email seniorcare@pmhnet.com

Parkview

Parkview Haven Life Plan Community is located on 20 beautifully landscaped acres in Francesville. Parkview Haven provides a living environment which is fulfilling, satisfying and appropriate for seniors in every stage of life; Independent Living, Assisted Living, Skilled Nursing, Long Term Care, Respite and Hospice. They offer physical therapy, occupational therapy and speech therapy. They accept Medicaid Waiver, Veterans Aid & Attendance and Private Pay for Assisted Living. Please call 219-567-9149 for more information.

Pulaski Health Care Center is conveniently located next door to Pulaski Memorial Hospital in Winamac with an attached, enclosed walkway for direct access to complete acute health care services including lab services, x-rays and the Specialist Clinic. Pulaski Health Care Centers offers Skilled Nursing, Long Term Care, Respite and Hospice, as well as a fully certified dementia care manager in their memory care neighborhood. They offer physical therapy, occupational therapy and speech therapy. Please call 574-946-3394 for more information.

Riverwood Commons at 324 E Galbreath Dr. in Winamac is an apartment community designed and catered to those individuals who are 55 and older or disabled regardless of age. All amenities under one roof- laundry facility, mailboxes, trash room. Utilities are included- (gas, electric, water, sewage) Secure coded entry, ample parking with security lighting. A smoke free community, HUD vouchers

welcomed. This institution is an equal opportunity provider and employer. Call for an appointment to view an apartment and the community 574-946-7773.

Nurse-Family Partnership. NFP is a free personal nurse program serving first-time clients enrolled prior to 29 weeks of pregnancy and until their baby is 2 years old. Clients are paired with their **own free nurse**. Clients are visited in their home or location of their choice. NFP Nurses support healthy pregnancy and healthy babies through education, resources, and support. Nurse-Family Partnership is a home visiting model shaped by attachment theory, human ecology theory, and social-cognitive or self-efficacy theory. The model is client-centered, and client-identified goals drive it. Please share these resources so we can save lives. <https://www.nursefamilypartnership.org/about/>

Employment Opportunities

Work One: can provide guidance on unemployment benefits, resumes, job applications and trainings.

- Winamac Office: Call: 574-946-6300 Txt: 574-330-0545. Office Hours: Monday- Friday 8-4:00 pm est. Closed for lunch 12-1 pm Location: 118 N Sally Drive Winamac IN 46996
- Knox: Phone: 574-772-6882 Location: 1913 S Heaton St Suite B, Knox, IN 46534. Office Hours: Monday 9:30-6:00 pm Tuesday, Wednesday, and Friday 8-4:30 pm Thursday 10:00-4:30 pm ** Closed every day 12-1 for Lunch**
- Rensselaer: Location: 105 East Drexel Parkway Suite 1 Rensselaer Indiana 47978 Call: 219-866-4330 Txt: 574-444-2664 Office Hours: Monday 9:30-6:00 pm Tuesday, Wednesday, and Friday 8-4:30 pm Thursday 10:00-4:30 pm ** Closed every day 12-1 for Lunch**

PEAK Community Services: helps men and women with developmental disabilities discover their interests and skills. Direct support professionals provide support and coaching in each job environment. Located at 1104 South US 35 Winamac IN 46996. Hours are Monday- Friday 7:45 am-5 pm EST. Contact at 574-946-6188 or visit <https://peakcommunity.com/>

Honest Jobs: Individuals with Justice involvement or history can get assistance with finding jobs and resources they are searching for.

<https://www.honestjobs.com/post/how-to-use-the-honest-jobs-reentry-navigator>

Ascend Indiana: A job matching platform, the Ascend Network, recommends jobs and internships that match your preferences. <https://ascendindiana.com/>

Education

Pulaski Adult Learning Center: Location: 118 N. Sally Drive, Winamac. Phone number: (219) 248-7690 Email: pulaskialc@cwicorp.com High School Equivalency Diploma Prep, Certifications, and Training for ages 16+

The Rose-Hulman Institute of Technology: provides the free AskRose Homework Help program for students who need extra math and science homework help. Tutors are available Sunday through Thursday from 7-10 p.m. for tutoring sessions by video, telephone, email or chat. Tutors can be reached during operating hours via the AskRose website or by calling 877-ASK-ROSE (877-275-7673).

The website also provides more than 500 instructional videos and downloadable reference materials

Winamac Warrior Up: Free for kids, Monday-Friday from 3:30-5:30 and Wednesdays from 2:30-5:30. The school provides transportation to the church. Parents can pick up their child at any time. We serve the kids a snack when they get off the bus. Then we break out into groups for tutoring. We then offer STEM activities, life skills, crafts, exercise or games. Fridays are Fun Fridays and we have either fun activities, movies w/popcorn or we have speakers come in to talk to the kids. Phone: is 574-946-4971 Email: winamacwarriorup@gmail.com

Veteran's Services

BrightPoint: If you are a Veteran or know of a Veteran who is facing homelessness or is currently homeless then Brightpoint's SSVF (Supportive Services for Veteran Families) may be able to help. For more information on SSVF please call (260)-423-3546, go to Extension #332 (message phone only), and leave your contact information with a working phone number, and a brief description of your situation. Calls will be returned within 48 hours (excluding Holidays and weekends). If you have a more urgent situation and you have an email you can also contact the Program Manager, John Robb at: johnrobb@mybrightpoint.org OR Asst. Manager: Melissa McClure at melissamcclure@mybrightpoint.org

Veterans Treatment Court (PCVTC)

Charissa Lucas, PVCTC
Coordinator Pulaski County
Superior Court 110 East
Meridian Street Winamac,
Indiana 46996
Phone: 574.946.3371



American Legion Department of Indiana

Accredited Indiana Legion service officers are specially trained to provide expert assistance, free of charge, to veterans and their families. Receive assistance filing a claim, get referrals and resources on education, employment and business, death benefits and more.
<https://www.indianalegion.org>

The County Veterans Service Officer (CVSO): has a compassionate understanding of the problems that confront veterans, widows, widowers, and children. The CVSO will apply specialized knowledge in the best way suited to the needs of every individual veteran or beneficiary who comes to the office for assistance. Pulaski County Office Building, Room 210
125 South Riverside Drive

Roy Mullis: Pulaski County Veterans Service Officer
574-946-3571

veteransoffice@pulaskicounty.in.gov
rmullis@pulaskicounty.in.gov

Sergeant's Place Kokomo Indiana

Dedicated to Homeless Individuals with prior substance abuse history, Sargent Place creates 35 new permanent supportive housing units in the city of Kokomo. 1,2, and 3 bedroom units are available with social workers on site to provide supportive service to residents.

713 North Purdum St Kokomo IN 46901
765-459-7409

Health and Wellness

Pulaski County Health Department: Providing FREE Narcan (Medication designed to prevent opioid overdose), Pregnancy testing, Lead testing for children older than 6, STD Testing, Immunization recommended by the Advisory Committee to eligible patients, TB skin testing, Private well water test kits, Birth and Death records. Located 125 S. Riverside Drive Winamac IN 46996 Phone: 574-946-6080 or visit www.in.gov/localhealth/pulaskicounty

Pulaski County Memorial Hospital: Pulaski Memorial Hospital is dedicated to providing excellent healthcare to improve the health and quality of life of the people and communities we serve. Located at 616 East 13th Street Winamac IN 46996. Phone: 574-946-2100.

Community Wellness Center of Winamac: 120 West 15th Street Winamac IN 46996. Open 24/7 Contact for Staff Hours and details, Phone: 574-946-4150 or Email: mikeb.cwcwinamac@gmail.com

Visit the site at: winamacwellness.com

Intrepid Phoenix: Helping individuals in recovery through fitness. Contact Katie Surma for more information: 574-205-9522 or intrepidphoenixkatie@gmail.com

Healthy Communities of LaPorte County
HCLC promotes the health and well-being of NWI residents through collaboration, education, advocacy, and policy development.
<https://healthycommunitieslpc.org/>

